

Country Squires- Minutes of Meeting held March 12, 2026

President Steve Seamans began the meeting at 12:00.

Bob Di Clerico's Words of Inspiration, in recognition of our nation's 250th birthday as "an experiment in self-governance", provided quotations from Jas. Madison's Constitutional Convention notes, Alexander Hamilton's Federalist's Papers, Tyler Page's American Creed and Samuel Huntington's American Politics: The Promise of Disharmony.

After a meatloaf entrée luncheon, the minutes of the February 12th meeting were approved, and David Wood introduced his guest, Andy Field of Eastman.

Program Co-chair Dave Wood introduced our guest speaker, Dr. Stephan Rust from Dartmouth Health's New London Hospital.

Dr .Rust chose the format of a conversation with the assembled Squires regarding "our stage of life" rather than a prepared power point presentation.

The conversation's main focus was the advanced directive called "A Durable Power of Attorney for Health Care". Dr Rust contrasted that document with a living will and an instruction called DNR (Do Not Resuscitate); he told us where we can find sample forms and emphasized the importance of proper execution by a series of single individuals, not co-parties. Although in NH they never expire, he advised us to review our directives every 5 to 10 years and re-write, not amend, one, when necessary.

Questioning by Squires provided Dr Rust to the opportunity to contrast New Hampshire's rules and directives with other, especially neighboring, states. It was noted that most of the Squires in attendance had indicated by show of hands that they have already executed a Durable Power of Attorney.

The meeting adjourned at 1:35PM.

By Art Scutro, Acting Secretary
3/13/2026