

Country Squires of New London

September 9, 2021

Minutes

Vice President Garry Keane called the meeting at the Forbes Tavern at Eastman to order at 12 noon. 42 members and guests were present.

Phil O'Brien delivered words of inspiration. Guest Bob Dunn was introduced, and Jerry Coogan, Dick Fonner, and Art Scutro were elected as new members.

Morris Edwards introduced the meeting's speaker, fellow Squire Bob Lyon, who delivered a stimulating PowerPoint presentation entitled "Cannabinoids and Opioids Still Here: What's New?". Bob outlined the different levels of "drugs" available, ranging from those requiring prescriptions (Rx), to OTC (over the counter), BTC (behind the counter), VMS (vitamins, minerals and supplements), Ingredients, Drugs of Abuse, to Designer drugs. Much of his talk centered on Marijuana, and its known components, THC and CBD.

VP Keane asked those present to indicate by a show of hands their preference for the Squires' dress code in the future. Over 75% supported "dress casual" except for the annual Christmas lunch at which coats and ties would be required.

Payment of annual dues should be made in September.

The meeting adjourned at 1:50 p.m.

Respectfully submitted,

G. William Helm, Jr. Secretary