## Country Squires of New London, NH Minutes for the Meeting on Thursday, April 11, 2019 at Eastman

**\*Welcome:** At noon, President Tom Nowell welcomed members, guests, and our guest speaker Ms. Sarah Adams. He also asked for a moment of silence to honor the memory of Squire Rink Reynders, who recently passed away.

\*Invocation: President Nowell asked Squire Dennis DeAppolonio to give the Invocation. Mr. DeAppolonio recited the poem "Don't Quit" by John Greenleaf Whittier.

"When things go wrong as they sometimes will, When the road you're trudging seems all up hill, When the funds are low and the debts are high And you want to smile, but you have to sigh, When care is pressing you down a bit, Rest if you must, but don't you quit. Life is strange with its twists and turns As every one of us sometimes learns And many a failure comes about When he might have won had he stuck it out; Don't give up though the pace seems slow-You may succeed with another blow. Success is failure turned inside out-The silver tint of the clouds of doubt, And you never can tell just how close you are, It may be near when it seems so far; So stick to the fight when you're hardest hit-It's when things seem worst that you must not guit."

\*Lunch: We then enjoyed our lunch of salad, chicken and pasta, and a dessert of carrot cake.

\*Meeting: At 1:00 O'clock President Nowell opened the meeting by asking members to introduce members' guests and possible new members.

David Wood introduced his guest Chris Cundy, a member of New London Hospital's Board of Directors. Chris is involved in the development of New London Place (NLP).

**Lecture:** President Nowell asked Art Rosen to introduce our guest speaker, Ms. Sarah Adams. She is Marketing Director of Continuum Health Services (CHS) of Lewiston, Maine, which is the company behind development of New London Place. Sarah graduated from the University of Maine with a dual major in Public Health Policy and Therapeutic Recreation. She plays an active role in Maine Health, United States Eventing Association, United States Pony Club, and the Junior League of Maine. She has a strong background in all forms of health care and has been involved in every step of the development of New London Place. She is currently the Marketing Director of the project.

This is a \$54 million project that has been three years in the making. New London Hospital invited CHS to come to New London in the hopes it could fill a void in the local community. NLP is being built on 52 acres adjacent to the hospital. It will contain 44 condominiums (1 or 2 bedrooms) for independent living; there will be 30 cottages (18 duplex and 12 free-standing for independent living; 49 apartments (I bedroom or studios) for assisted living/ extended care, and 20 memory care private apartments. It will house 130 people. This model will offer up to 85% of those services traditionally offered by nursing homes.

The cottages with no steps will have no steps, garages, fireplaces, outside patios and generators. These can be rented or purchased as investment property. The apartments can also be used for investments.

The apartments will be in one building approximately the size of two football fields. This building will also include game rooms, a library, a tavern and a movie theater. There will be a \$400,000 buy-in fee and monthly fees will be in the vicinity of \$4500/ month. This will include utilities, wifi, transport to medical care, and an evening meal. Additional meals and services can be provided for additional fees.

While NLP will be financially and organizationally independent of New London Hospital, its proximity to the hospital will allow for easy access to services. NLP will offer transportation services including rides to medical centers in Boston, Concord and Keene.

Building will commence one year from now and NLP will open two years later. More information, or to keep track of progress, can be found at newlondonplacenh.com .

**\*Presentation:** Following the talk, president Tom Nowell presented Ms. Adams with the often imitated, always envied, and most prestigious Squires Mug.

**Old Business:** President Nowell asked the membership if they would approve of the leadership exploring the possibility of having a meeting during the summer at the Sunapee Yacht Club. This meeting would be a special meeting in which wives and dates would be invited to attend. The membership approved of this initiative by a voice vote.

\*New Business: A new initiative to encourage new members will be discussed and unveiled over the next few months.

**Next Meeting:** The next meeting will be on May 9. Our speaker will be retired Navy Captain Mark Winter, who will talk about his experience while Commandant of the Guantanamo Naval Base.

\* Motion to Adjourn: A motion to adjourn was made and seconded, thus ending the meeting.

Paul Etkind, Secretary 11 April 2019