

**Country Squires of New London, NH**  
**Notes for the Meeting on Thursday, January 10, 2019 at Eastman**

**\*Welcome:** President Tom Nowell welcomed members, guests, and one new member candidate.

**\*Approval of Past Meeting Notes:**

**\*Words of Inspiration:** President Nowell asked Squire, Past President and prolific poet Jay Ash to give the Words of Inspiration.

“In New Hampshire the sun never sets,  
Constant shine that true freedom begets;  
Yes, the weather grows cold,  
And traditions are old,  
But the life is the best that it gets.

Here mountains of beauty are found,  
And landscapes of nature abound;  
The sun shimmer gleams,  
Upon lakes, upon streams,  
Day and night scenic vistas surround.

Even better the folks that abide,  
Fully blessed with the right kind of pride;  
Self-reliant and strong,  
Knowing right, knowing wrong,  
In these parts heart and virtue abide.

In New Hampshire the sun ever shines,  
Warm neighbors midst snow-covered pines;  
An endowed granite shrine,  
Gloried northland divine,  
State of grace that this place well defines.”

**\*Luncheon:** We then enjoyed our luncheon of salad, meatloaf and mashed potatoes, and dessert of chocolate cake.

**\*Call to Order:** At 12:53 PM, President Nowell called the meeting to order.

President Nowell reminded the attendees that the notes of the November meeting were on the website. He called for a motion to approve those minutes. A motion was made and seconded and approved by the members.

**\*Guests:** President Nowell asked for introductions of guests.

Morris MacInnes introduced:

- Gene Semel, who has lived for six years at Eastman and is a Cornell graduate; and
- Bill Lee, an Eastman resident who worked professionally in IT in Boston.

Peter Richie introduced Neil Shiffrin, an environmental engineer who has lived in the area for two years. Neil has taught at ALL.

Morris Edwards introduced David Balford, who moved here about one year ago, although has been visiting the area for the past 45 years. He is a UMass graduate and a Viet Nam era veteran. He had a management career in industry. He is currently volunteering to help veterans and to promote wellness. He is also re-engaging in long-neglected hobbies.

**\*New Members:**

Helmut Schmidt introduced Peter Fichter. Peter is now a Newbury resident who worked as a mechanical engineer at Polaroid. He retired from Polaroid in 2001 and founded a start-up from which he retired in 2009. He is currently Chair of Newbury's Zoning Board. He has two children and two grandchildren. He enjoys skiing, hiking and fly-fishing. Peter was elected to membership, and President Nowell gave Peter the Squire's pen to signify his membership.

**\*Speaker and Presentation:** Morris Edwards introduced Professor Allen Koop, a historian who teaches European and American history at Dartmouth College. Professor Koop earned his AB at Dartmouth and his PhD at the University of Pennsylvania. The title of his talk was "Health Care in American History."

Dr. Koop traced the trajectory of medical care in the American colonies and nation. Medical care was shaped not only by scientific and technological advances, but also by social forces, theories of disease causation, economic trends, political "winds" and historical surprises. These various factors have been national as well as international in origin. Many have had little, if any, direct connection to medical care.

Dr. Koop began his talk with ancient Greek theories of the origin of disease and created a historical timeline to this era of the Affordable Care Act. What will the

future hold for medical care in America? He had no idea, but he was sure that it will be shaped by some factor(s) outside of healthcare.

**\*Post-Talk Presentation:** President Nowell thanked Professor Koop for his talk and presented the Professor with the often imitated but never duplicated and much-admired Squires mug.

**\*Old Business:** None.

**\*New Business:** None.

**\*Next Meeting:** The next meeting is scheduled for Thursday, February 14. Dr. Cory Burchman will speak to us about medical marijuana.

**\* A Motion to Adjourn was called for and seconded thus ending the meeting.**

**\*Respectfully submitted,**  
Paul Etkind, Secretary  
10 January 10, 2019